



Radiant Child Yoga levels 1-3



Learn to Teach Children Yoga

June 13-18, 2020 - ONLINE – Worldwide

4:30 pm – 9:30 pm EST each day

Regular Price: ~~\$720~~, Special Online price ONLY \$460

(includes all standard materials for FREE)

Refund available through 5.13.20, course credit after 5.13.20, \$50 fee applies to all.

Online ZOOM link will be provided. Learn from home using your computer, laptop, iPad or tablet

To Register: www.childrensyoga.com or 1.888.561.2126

- Yoga for tots to teens
- Yoga stories, games, songs
- Practical tools for focus and calm
- Yoga for Autism and ADHD
- Meditation, mindfulness, and breath practice
- Class management and centering tools
- Physical and energetic child development
- Includes in-class practice and over \$225 in materials

RCY is an innovative 30-hour training program designed for teachers, therapists, parents, caregivers, and everyone who wishes to share the benefits of yoga with children. It provides self-calming and empowering techniques for children of all ages and abilities. RCY 1-3 is both a comprehensive stand-alone training and the first 30 hours of full certification with Radiant Child Family Yoga 200-hour and 95-hour Yoga Alliance accredited programs.

Our June training will be taught by Shakta Khalsa (founder of RCY), Jyoti Bajaj, Cristin Tighe & Sarah Gigante