



RADIANT CHILD
YOGA

Learn to Teach Children Yoga With Radiant Child Yoga levels 1-3 Training

October 12-15, 2017 Espanola, NM

Thurs. 5-9pm, Fri. & Sat. 8:30am-5:30pm, Sun. 7:30am-4:30pm

To register: www.haciendayoga.org 1.505.423.7700

Hacienda Yoga Center, 13B Prosperity Path Espanola, NM 87532

Email: rks@haciendayoga.org for location and accommodation inquiries

Tuition: \$650 through 9.20.17, \$720 after (includes materials valued at \$220)

Refund available through 9.13.17, course credit after; \$50 fee for all cancellations.

- Yoga for tots to teens
- Yoga stories, games, songs
- Practical tools for focus and calm
- Yoga for Autism and ADHD
- Meditation, mindfulness, and breath practice
- Class management and centering tools
- Physical and energetic child development
- Includes in-class practice and over \$225 in materials

RCY is an innovative 30-hour training program designed for teachers, therapists, parents, caregivers, and everyone who wishes to share the benefits of yoga with children. It provides self-calming and empowering techniques for children of all ages and abilities.

RCY 1-3 is both a comprehensive stand-alone training and the first 30 hours of full certification with Radiant Child Family Yoga 200-hour and 95-hour Yoga Alliance accredited programs.



About Shakta...

Shakta Khalsa is the founder of Radiant Child Yoga, est. 1999, and one of the founding leaders of the children's yoga movement. She is an E-RYT 500, author of five well-known yoga books, AMS Montessori teacher, and mother. Shakta began her yoga path in 1972, and since that time has taught over ten thousand children's yoga teachers worldwide. She was named one of the top five Kundalini Yoga teachers in the world by Yoga Journal magazine.

"Yoga creates children who are bright lights in this world." Shakta Khalsa